

TRAINING 4 ZIEMEĻJAUNUPE W

MAP

Ziemeļjaunupe R 2016, minor updates 2023

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Scale: 1:10 000 Contours: 2.5m

DESCRIPTION

Ziemeļjaunupe – experience the feeling of Nordic terrain without stones. Ziemeļjaunupe is a unique area with small hills and marshes everywhere. This training should be used as intro session when arriving in Ventspils. Course is planned in the western part of Ziemeļjaunupe having a mix of detailed areas and flatter parts. Runability on this training is very good. Get into the map since the features can be quite small sometimes.

COURSE

Course setter: Rudolfs Zernis

7.5km course with middle distance character

Controls: Ribbons

MAP SAMPLE

