

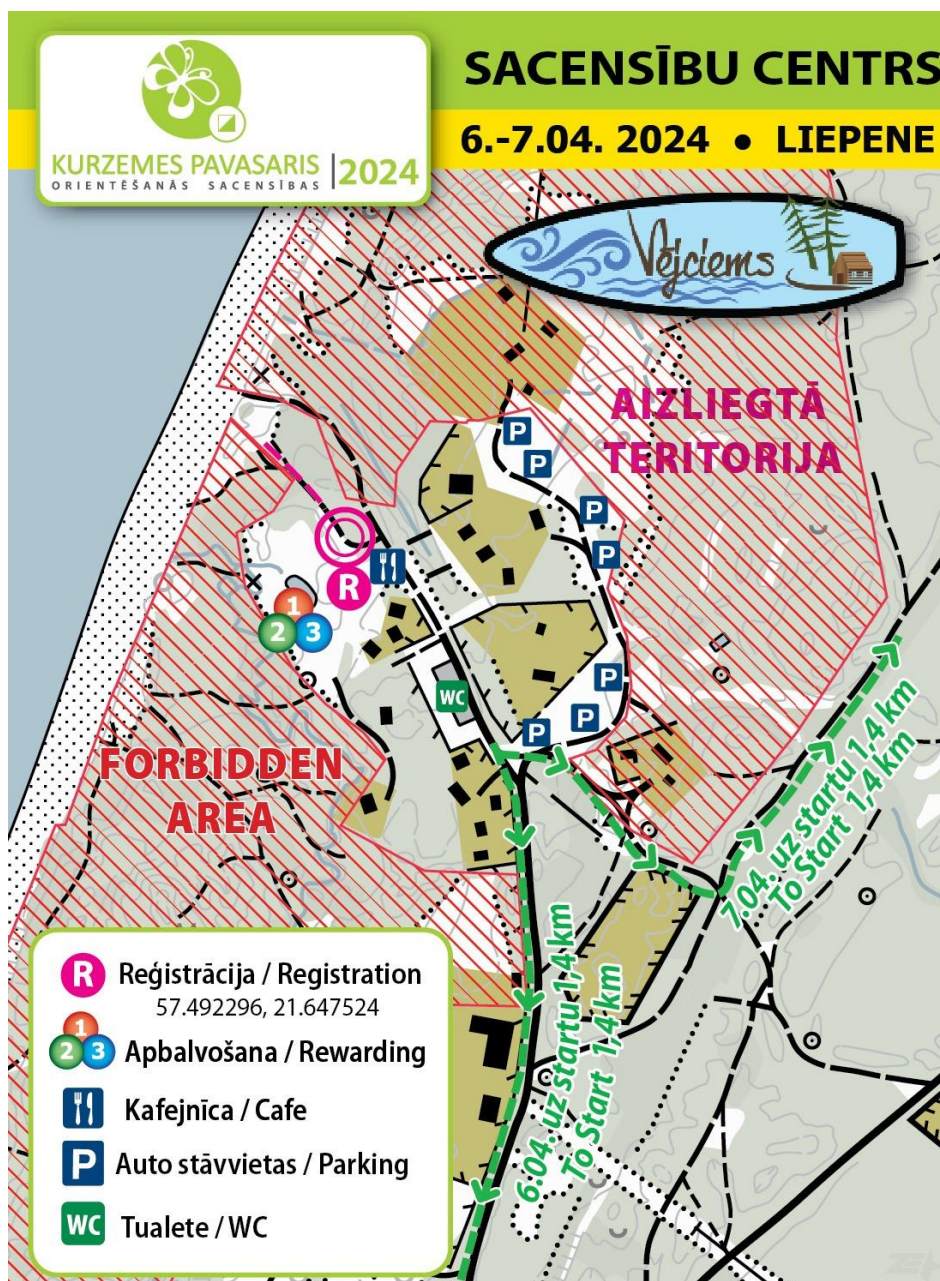


# XXI Kurzemes Pavasaris

## Additional information for Elite athletes Middle distance - WRE

There is no quarantine in elite classes. The competitors are allowed to visit the event arena before their start. However, before the start it is **strictly forbidden to contact any athletes who completed their race!** It is **strictly forbidden to visit territories defined as forbidden area.** All runners must follow fair-play principles. This information applies for both competition days.

On the first competition day the organizers recommend to warm-up on the way to No warm-up map available. Do not enter forbidden areas! Please check the arrival scheme for all competitors in [Bulletin 4 – additional information](#).





Competitors must carry GPS devices provided by the organizers on both competition days. GPS devices will be handed out to the 28 last starters in men class and 12 last starters in women class. The list of the competitors who will be required to carry GPS devices is shown below. If an athlete refuses to carry the GPS provided by organizers, it will lead to athletes' disqualification. GPS devices will be handed out near the start and must be returned at the finish. There will be GPS vests available but organizers recommend the athletes to use their own vests!

Athletes with GPS devices on the middle distance:

Men:

Name	Club	Start time
Rokas Koveckis	Horizontas	13:04
Rėjus Mockaitis	Medeina OK	13:06
Kwok Wai Choy	Hong Kong Orienteering Club	13:08
Oskari Niemi	Vehkalahden Veikot	13:10
Paulis Janovs	Siguldas Takas	13:12
Kārlis Neimanis	Meridiāns OK/CPSS	13:14
Rokas Semaška	Medeina OK	13:16
Ričards Zvagulis	Ziemeļkurzeme OK	13:18
Ainārs Drozd	Meridiāns OK/CPSS	13:20
Jonas Markevičius	Medeina OK	13:22
Ainārs Lupiķis	Kāpa OK	13:24
Gediminas Janusis	Labirintas OK	13:26
Karlis Lauders	Arhitekti	13:28
Marijonas Gipas	Medeina OK	13:30
Andris Svilāns	Ogre OK/SC	13:32
Alvis Reinsons	Mežmalas/Madona	13:34
Kevinas Olišauskis	Sakas OSK	13:36
Andris Gailis	Auseklis IK	13:38
Atis Rešķis	Saldus OK	13:40
Valts Ulmanis	Auseklis IK	13:42
Matīss Saulīte	Kāpa OK	13:44
Colin Kolbe	Ozons	13:46
Vilius Aleliunas	SK S-Sportas	13:48
Jēkabs Ločmelis	VSK Burkānciems & Co	13:50
Atte Nokka	Vehkalahden Veikot	13:52
Ilgvars Caune	Azimuts OK-Sm BJSS	13:54
Janne Ovaska	Vehkalahden Veikot	13:56
Jānis Tamužs	Ozons	13:58
Valters Reneslācis	Ogre OK/SC	14:00
Jēkabs Niklāvs Janovs	Siguldas Takas	14:02



## Women


Name	Club	Start time
Tina Kate Spektore	Ozons	13:44
Viktorija Gedgaudaite	Horizontas	13:46
Ieva Rukšāne	Kāpa OK	13:48
Elīza Ozola	Auseklis IK	13:50
Taiga Lazdāne	Kāpa OK	13:52
Laura Leiboma	Kāpa OK	13:54
Signe Sirmā	Alnis OK-JNSC	13:56
Leonarda Baltaņa	Meridiāns OK/CPSS	13:58
Laura Vīķe	Kāpa OK	14:00
Sandra Pauzaite	Dainava OK	14:02

## GPS and other communication devices

Competitors must not use or carry communication devices that can transmit or receive information, to or from a remote source, between entering the start area and reaching the finish in a race, unless the equipment is approved by the Organiser. GPS-enabled devices (watches etc.) **can be carried** provided that they are not used for communication or navigation.

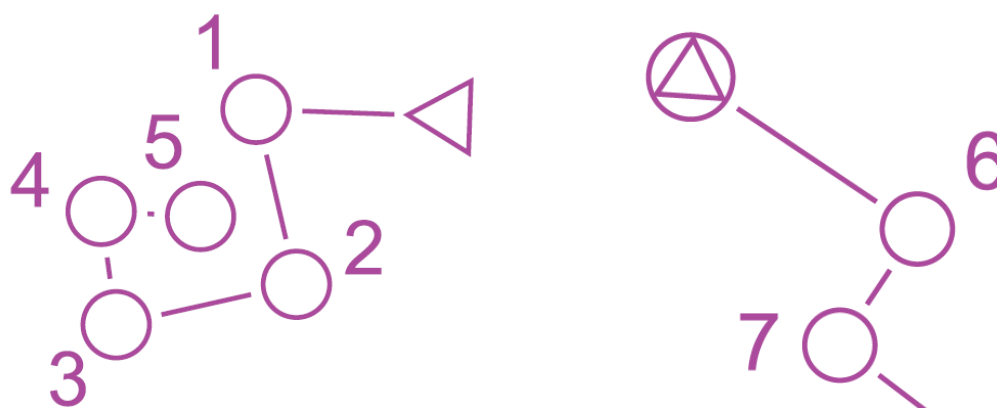
## Map-flip on the middle distance

On the middle distance, *map-flip* is applied for classes MW21E. The first part of the distance ends with a control followed by *map-flip* symbol in the control description. In the control description, *map-flip* will be marked by the symbol 15.6 as shown in figure below.

15.6		Map flip (turn the map over)
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After symbol 15.6 the course continues on the other side of the map, starting from the previous control point marked with the symbol 715.

See the provided example below, the first part of the course ends at control no. 5. At control no. 5 the athlete turns over the map and continues the course towards control no. 6. The start of the second part is shown with symbol 715.





## Long distance

On the second competition day it is recommended to warm-up on the way to start. Do not enter forbidden areas! Please check the arrival scheme for all competitors in [Bulletin 4 - additional information](#).

Spreading method is used in classes M21E. Be careful when following the order of controls!

Refreshments in elite classes are available approximately after 20%, 60% and 80% of the total distance length.

The expected winning time in M21E class is between 80 and 85 minutes. Winning time in class W21E is according to rules.

GPS devices will be handed out near the start.

Athletes with GPS devices on the long distance:

Men:

Name	Club	Start time
Kristaps Jaudzems	Saldus OK	10:41
Jonas Markevičius	Medeina OK	10:44
Kārlis Neimanis	Meridiāns OK/CPSS	10:47
Rėjus Mockaitis	Medeina OK	10:50
Oskari Niemi	Vehkalahden Veikot	10:53
Rokas Semaška	Medeina OK	10:56
Zigmārs Gailis	Auseklis IK	10:59
Paulis Janovs	Siguldas Takas	11:02
Ričards Zvagulis	Ziemeļkurzeme OK	11:05
Ainārs Drozds	Meridiāns OK/CPSS	11:08
Rokas Koveckis	Horizontas	11:11
Valts Ulmanis	Auseklis IK	11:14
Ainārs Lupiķis	Kāpa OK	11:17
Karlis Lauders	Arhitekti	11:20
Kevinas Olišauskis	Sakas OSK	11:23
Alvis Reinsons	Mežmalas/Madona	11:26
Atis Rešķis	Saldus OK	11:29
Andris Svilāns	Ogre OK/SC	11:32
Marijonas Ģipas	Medeina OK	11:35
Andris Gailis	Auseklis IK	11:38
Jēkabs Niklāvs Janovs	Siguldas Takas	11:41
Janne Ovaska	Vehkalahden Veikot	11:44
Matīss Saulīte	Kāpa OK	11:47
Valters Reneslācis	Ogre OK/SC	11:50
Atte Nokka	Vehkalahden Veikot	11:53
Colin Kolbe	Ozons	11:56
Jēkabs Ločmelis	VSK Burkānciems & Co	11:59
Jānis Tamužs	Ozons	12:02
Vilius Aleliunas	SK S-Sportas	12:05
Ilgvars Caune	Azimuts OK-Sm BJSS	12:08



Women:

Name	Club	Start time
Tina Kate Spektore	Ozons	11:43
Liene Brūvele	Azimuts OK-Sm BJSS	11:46
Elīza Ozola	Auseklis IK	11:49
Taiga Lazdāne	Kāpa OK	11:52
Signe Sirmā	Alnis OK-JNSC	11:55
Ieva Rukšāne	Kāpa OK	11:58
Sandra Pauzaite	Dainava OK	12:01
Laura Leiboma	Kāpa OK	12:04
Leonarda Baltiņa	Meridiāns OK/CPSS	12:07
Laura Vīķe	Kāpa OK	12:10